

# COMMUNITY RESOURCE GUIDE



**Leduc County Family and Community Support  
Services**

**Phone: (780)-955-3555**

**Toll Free: 1-800-379-9052**



# IMPORTANT NUMBERS

<b>Emergency (Police, Fire, Ambulance)</b> .....	<b>911</b>
AADAC (24 hr help line) .....	866-332-2322
AIDS/HIV/STD Info Line .....	800-772-2437
Al-Anon .....	986-3971/986-6203(eve)
Al-A-Teen .....	433-1818
Alcoholics Anonymous (24 hr hotline) .....	424-5900
Black Gold Regional Schools .....	955-6025
Brigantia Place Shelter .....	672-1035
Capital Health Region .....	407-1000
Child Abuse Hotline .....	800-387-5437
Children's Advocate .....	422-6056
Cocaine Anonymous .....	425-2715
Crime Stoppers Tips Line .....	800-222-8477
Edmonton Senior's Safe Housing .....	702-1520
Emergency Social Services .....	427-3390
Food Bank .....	986-5333
Gambling Help Line .....	800-665-9676
Health Link Alberta (24hrs) .....	866-408-5465
Help/Distress Line .....	800-779-5057
Hospital .....	986-7711
Kid's Help Phone .....	800-668-6868
Kids Help Line .....	800-222-2222
Landlord/Tenant Info Line .....	877-427-4088
Literacy Help Line .....	800-767-3231
Mental Health Help Line .....	877-303-2642
Meth Anonymous Hotline .....	235-1772
Mobile Mental Health Crisis Line .....	482-0222
Narcotics Anonymous Hotline .....	421-4429
Parents Help Line .....	888-603-9100
Poison Control Centre .....	800-332-1414
RCMP .....	980-7267
Senior's Information Line .....	800-642-3853
Sexual Assault Centre .....	423-4102
SPCA .....	922-0250
Support Network Distress Line .....	482-4357
Teens Helping Teens .....	428-8336
Victim's Services .....	980-7232
WIN House 24 hour Crisis Line .....	479-0058

# LEDOC COUNTY FCSS

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**COUNSELING SERVICE.....980-7109**

Offers individual, group, and couples counseling.

Subsidy available through Leduc County and City of Leduc FCSS Departments for eligible individuals.

**COMMUNITY SUPPORT SERVICES .....955-6424**

Provides information and referral services to individuals and families as well as one on one support for seniors or others with specific or special needs.

Works with the Community Coordinators and other local groups on community development projects such as Christmas Elves and Volunteer Income Tax.

Provides a Playschool Subsidy program for eligible families.

**FAMILY SUPPORT SERVICES .....955-6421**

Provides short term preventative support/education for families/individuals experiencing stress/life changes.

Groups and Workshops.

Program is free and voluntary.

Support provided through home visits/office visits.

**SENIORS SERVICES COORDINATOR .....955-4554**

The Outreach Home support Services Program provides light housekeeping services at low cost for seniors, persons with disabilities, or persons with a chronic illness.

Housekeeping services include cleaning, laundry, errands and more.

The Home Help Program provides up to 14 hours of service in the spring and fall for major cleaning to eligible individuals.

Both services are available to seniors and persons with a disability; subsidy is available to help cover the costs of these services for eligible individuals.

**FAMILY CONNECTIONS (Home Visitation) .....955-6423**

Home visitation is a long-term program for first time parents (accepts families prenatal to one year) that provides extra support for the day to day challenges, and information on parenting and child development.

Home Visitors work with the family in their home and help parents build on their strengths and develop new skills.

Program is free and voluntary.

Home visitor may work with the family prenatal to five years old.

**FLYING COLORS (Early Childhood Development).....955-4598**

Provide up to 8, in home, child focused visits, for families with children 0-6 years. Visits focus on advocacy, support, developmental screening, child development, and more.  
Provide community support for services focused on children 0-6 years including customized workshops for parents, community members, and/or service providers.

**PARENT LINK.....979-2386**

Toll free..... 1-800-979-2385  
Connects parents of children 0-6 years to resources in their community.  
Offers parent education, programs for children, family support, information, and referrals.  
Offers programming customized to meet the needs of the community and determines those needs in consultation with the community.

**COMMUNITY COORDINATORS**

Calmar .....	985-3191
Devon .....	987-8325
New Sarepta .....	941-2382
Thorsby .....	789-4004
Warburg.....	848-2828

Provide essential community programming and special projects including Christmas Elves, Volunteer Income Tax, Seniors Assistance, Community Awareness, Seniors Appreciation, Volunteer Appreciation and many more.  
Develop programming to meet identified social needs in the community.  
Offer individual and family support for those needing extra support or newcomers to the community.  
Volunteers are a major component of all the work that the Community Coordinators do.

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# ALPHABETICAL LISTING OF RESOURCES

**A Safe Place .....464-7233**

Sherwood Park, AB T8H 2T2

A shelter for abused women and their children that provides secure accommodation, food, essential transportation, personal incidentals, non-prescription medication, practical assistance, and information. Counselors can give you support, assist you with practical things, and give you information about abuse. In general, they can provide you with information about available services and alternatives.

**AADAC .....980-7580**

(Alberta Drug and Alcohol Abuse Commission)

4901 50<sup>th</sup> Ave Leduc, AB T9E 6W7

Provides programs and services for people affected by drugs/alcohol or gambling problems. Information and referral, public education, prevention programs and treatment options available.

24 hr hotline .....866-332-2322

AADAC Youth Services .....422-7383

TAPS (Teen Addiction Prevention Strategies) .....464-4044

**Aboriginal Consulting Services .....448-0378**

#204 10010 105 St Edmonton, AB T5J 1C4

Provides Aboriginal specific support services which focus on individuals, families and communities. Provides family and individual counseling, support in family violence situations and referrals to other agencies/programs as required. Offers courses and workshops; topics may include parenting, teen relationships, family violence.

**Aboriginal Disabilities Centre ..... 448-3711/428-9425**

#130 Canada Place 9700 Jasper Ave Edmonton, AB T5J 4C3

Determines the needs of clients and makes appropriate referrals to communities, support programs and government agencies. Provides resource information to Aboriginal, Métis and Non Aboriginal people with disabilities. Provides assistance to complete AISH and CPP applications. Provides advocacy on behalf of the Aboriginal disabled.

- ACES** ..... **423-2237**  
 (Aboriginal Counseling and Employment Services)  
 3rd Fl, 12308 111 Ave NW Edmonton, AB T5M 2N4  
 ACES offers a job bank, education funding, counseling and more. Aboriginal people register with ACES on a walk-in basis. Career counseling and placement services are offered to registered ACES clients.
- Alberta Employment, Immigration and Industry** ..... **980-0557**  
 4901 50<sup>th</sup> Ave Leduc, AB T9E 6W7  
 Offers programs that deal with financial assistance, child support and health benefits, employment standards, workplace health and safety, career and employment, immigration, and working in Alberta. Examples of programs include the Alberta Works and Income Support programs. Alberta Works helps unemployed people find and keep jobs, helps low-income Albertans cover their basic costs of living and helps employers meet their need for skilled workers.  
 Income Support provides financial benefits to individuals and families who do not have the resources to meet their basic needs, like food, clothing and shelter.
- AISH** ..... **415-6300**  
 (Assured Income for the Severely Handicapped)  
 #500 12323 Stony Plain Rd Edmonton, AB T5N 4B4  
 Provides financial and health benefits for adult Albertans with a permanent disability that severely impairs their ability to earn a living. The level of benefits depends on income and assets.
- Alberta Aids to Daily Living** ..... **427-0731**  
 2<sup>nd</sup> Floor 10030 107<sup>th</sup> St Edmonton, AB T5J 3E4  
 Helps Albertans with a long-term disability, chronic illness or terminal illness to maintain their independence at home, in lodges or group homes by providing financial assistance to buy medical equipment and supplies.
- Alberta Apprenticeship Program** ..... **427-8517**  
 7<sup>th</sup> Floor 10030 107<sup>th</sup> St Edmonton, AB T5J 4X7  
 Trades people are trained and certified through the province's apprenticeship and industry training system. This world-renowned industry-driven system uses a combination of on-the-job-training, work-experience and technical training to build a highly skilled workforce.
- Alberta Health Care** ..... **427-1432**  
 10025 Jasper Ave Edmonton, AB T5J 1S6  
 Answers questions or concerns regarding coverage. Forms are available to apply for an Alberta Health Care card or to request financial aide in paying fees.

- Alberta Mental Health** ..... **986-2660**  
 4210 48<sup>th</sup> St Leduc, AB T9E 5Z3  
 Provides assessment, consultation, intervention and many other services to individuals experiencing mental health issues. Serves individuals, family, children, youth, concerned others, and community agencies.  
 Alberta Mental Health Help Line.....877-303-2642
- Alberta Monitoring For Health**..... **423-1232**  
 1010 10117 Jasper Ave NW Edmonton, AB T5J 1W8  
 Enables Albertans with diabetes, who meet eligibility requirements, to access limited funding to cover a portion of the cost of eligible diabetes management supplies. This program is administered by the Canadian Diabetes Association and funded by Alberta Health and Wellness.
- Alberta Parenting For The Future** ..... **963-0549**  
 PERC Building 5413 51<sup>st</sup> St Stony Plain, AB T7Z 1Y2  
 Offers programs and services that address the expressed needs of parents, children and youth, and actively engages them in strengthening their connections within their families and community.
- Alberta Seniors Benefits Program** ..... **800-642-3853**  
 PO Box 3100 Edmonton, AB T5J 4W3  
 The Alberta Seniors Benefit program provides support in addition to the federal benefits received under Old Age Security, Guaranteed Income Supplement, Federal Allowance and the GST credit.
- Alberta Seniors Housing Association** ..... **439-6473**  
 9711 47<sup>th</sup> Ave NW, Edmonton, AB T6E 5M7  
 Promotes independence, dignity, choice and quality of life for seniors in congregate living settings, and publishes a housing directory of seniors' housing facilities across the province.
- Alzheimer Society** ..... **888-233-0332**  
 10531 Kingsway Ave Edmonton, AB T5H 4K1  
 Provides leadership in advocacy and education to ensure every person in Alberta and the Northwest Territories affected by Alzheimer's disease has access to appropriate support and resources.
- Babysitter Safety Referral List** ..... **980-7120**  
 Registry containing information on: clients looking for sitters, adults interested in babysitting children in their home or youth and teens interested in babysitting.

- Beaumont Community Youth Centre** ..... **929-5155**  
 5202 50<sup>th</sup> St Beaumont, AB T4X 1E5  
 Operates a drop-in centre for youth aged 12 to 17 where youth can mingle and socialize with peers and participate in various activities at the Centre, such as jam sessions, movie nights, computer access, games, and special event programming.
- Beaumont FCSS** ..... **929-3322**  
 5600 49<sup>th</sup> St Beaumont, AB T4X 1A1  
 Provides preventative social programming and community resources for adults, families, youth, children, and seniors. Also provides a Counseling service.
- Bent Arrow Healing Centre**..... **481-3451**  
 2nd Floor 10117 150<sup>th</sup> St Edmonton, AB T5P 1P2  
 Programs include the spiritual, emotional, physical and mental aspects of a person's life, their family and their community. Programs and services provide Aboriginal people with "real" opportunity to learn and grow and make positive choices for themselves and their families.
- Boys and Girls Club of Leduc** ..... **986-3121**  
 4613 48<sup>th</sup> St Leduc, AB T9E 5X5  
 Provides a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.
- Breton FCSS** ..... **696-3636**  
 Breton, AB TOC OPO  
 Provides preventative social programming and community resources for adults, families, youth, children, and seniors.
- Calmar Community Coordinator**..... **985-3191**  
 Town of Calmar P.O. Box 750 Calmar, AB TOC OVO  
 Provides support, information, and referral to community members, develops and runs meaningful programming to address social needs of the community.
- Canadian Mental Health Association**..... **414-6300**  
 800 Harley Court 10045 111<sup>th</sup> St NW Edmonton, AB T5K 2M5  
 Functions as a community centre promoting mental health. Works in partnership with other community agencies to educate about mental health and illness, to advocate for better conditions in the community and to help people build strong supports for community life.

- Canadian Mortgage and Housing Corporation..... 423-8700**  
 210 10405 Jasper Ave, Edmonton, AB T5J 3N4  
 Financial assistance takes the form of loans, forgivable loans or non-repayable contributions, and can be used to fund repairs, renovations, accessibility modifications, the creation of low-income rental units, and home adaptations. Programs are available for low-income households, seniors, and persons with disabilities.  
 RRAP .....1-800-461-8706
- Canadian National Institute for the Blind ..... 488-4871**  
 12010 Jasper Ave Edmonton, AB T5K 0P3  
 Source of support, information, and most importantly, hope, for all Canadians affected by vision loss. Staff and volunteers work in offices and often travel to provide support to clients in their homes and in rural communities.
- Careers in Transition ..... 496-9228**  
 #400, 10050 112<sup>th</sup> St Edmonton, AB T5J 2K1  
 Provides academic upgrading and computer training to adults who want to enter or re-enter the work force.
- Catholic Social Services ..... 432-1137**  
 8815 99<sup>th</sup> St Edmonton, AB T6E 3V3  
 Offers programs including: individual and family counseling; group care and foster care for children and youth; FASD programs; parent-teen mediation; in-home family support services; home care services; settlement support services for immigrants and refugees; residential and outreach programs for persons with physical and/or developmental disabilities; residential and outreach programs for persons living with HIV/AIDS; referral and support services for elder adults experiencing abuse or neglect.
- Centre for Family Literacy..... 421-7323**  
 201 11456 Jasper Ave NW Edmonton, AB T5K 0M1  
 Provides a wide range of adult and family literacy programs, as well as training, resources, information and advocacy.
- Changing Together ..... 421-0175**  
 (A Centre for Immigrant Women)  
 3<sup>rd</sup> Floor 10010 105<sup>th</sup> St Edmonton, AB T5J 1C4  
 Operates a place for immigrant women to meet and work together in solving their problems. Helps immigrant women participate fully in Canadian life. Helps immigrant women acquire employment skills and work experience through our volunteer program.

**Changing Ways ..... 439-4635**

10041 81<sup>st</sup> Ave NW Edmonton, AB T6E 1W7

Assists men to recognize their own abusive behaviors and encourages them to accept responsibility for changing these behaviors.

**Child and Adolescent Services Association..... 438-0011**

CASA Centre 10645 63<sup>rd</sup> Ave Edmonton, AB T6H 1P7

Offer a wide range of assessment and treatment programs as well as professional training and consultation. Programs range in intensity from early identification, assessment and primary intervention to intensive tertiary level treatment.

**Child and Youth Financial Support Program ..... 980-6610**

4901 50<sup>th</sup> Ave Leduc, AB T9E 6W7

Provides financial and medical benefits for a child when the parents/guardians are unable or unwilling to care for the child, and the child is being cared for in another home of an adult caregiver. This program is intended to supplement some of the child's needs and offset some of the costs associated with the care.

**Child and Family Services ..... 986-7869**

(Edmonton and Area Region 6)

4901 50<sup>th</sup> Ave Leduc, AB T9E 6W7

Working with communities to support children, youth, and families to succeed and reach their full potential through effective programs, services, and supports.

Crisis Line ..... 422-2001 (day)

..... 427-3390(after hours)

Child Care Subsidy Program ..... 422-3077

**Child Tax/Childcare/Disability Benefits ..... 800-387-1193**

Suite 109700 Jasper Ave Edmonton, AB T5J 4C8

Canadian Child Tax Benefit (CCTB) is a non-taxable amount paid monthly to help eligible families with the cost of raising children under the age of 18. The CCTB also includes the Child Disability Benefit, a benefit for families with children who qualify for the disability amount. The Universal Child Care Benefit is a new monthly benefit paid to eligible families to help provide child care for children less than six years of age.

**Children's Mental Health Centre ..... 482-1717**

10024 116<sup>th</sup> St Edmonton, AB T5K 1V6

Provides a full range of diagnostic and treatment services for children, adolescents, and their families.

**Children's Mental Health Services** ..... **413-4700**  
 Provides access to all publicly funded children's mental health services in the Capital Health region, with the exception of emergency and acute services. Referrals are accepted for children ages 5 to 17 who have a mental health concern or psychiatric disorder.

**City of Leduc FCSS**..... **980-7148**  
 5013 49<sup>th</sup> Ave Leduc, AB T9E 6T5  
 Provides preventative social programming and community resources for adults, families, youth, children, and seniors.

- Community Education..... 980-7155
- Community Outreach..... 980-7148
- Community Partnerships..... 980-7174
- Family Aide Service .....980-7111
- Family Violence..... 980-7155
- Meals on Wheels..... 980-7109
- Resource Information and Counseling ..... 980-7109
- Seniors Outreach .....980-7115
- Youth Counseling..... 980-7148

**Community Correctional Services** ..... **986-7979**  
 4612 50<sup>th</sup> St Leduc, AB T9E 6L1  
 Provides probation and other community based correctional services to adults and young offenders.

**CPP/OAS/GIS** ..... **800-277-9914**  
 6325 Gateway Boulevard Edmonton, AB T6H 5H6  
 Programs are delivered by Income Security Programs branch of Human Resources and Social Development Canada. Basic financial support is also available to survivors and to people who become too disabled to work and their children.

**Courthouse** ..... **986-6911**  
 4612 50<sup>th</sup> St Leduc, AB  
 Provincial Courthouse and Information Centre

**Credit Counseling Services of Alberta** ..... **423-5265**  
 Sun Life Place #440 10123 99<sup>th</sup> St Edmonton, AB T5J 3H1  
 Helps Albertans learn how to budget, get out of debt, use credit wisely, and get the most from their money.

- Devon Community Coordinator** ..... **987-8325**  
 Town of Devon 1 Columbia Ave W Devon, AB T9G 1A1  
 Provides support, information, and referral to community members, develops and runs meaningful programming to address social needs of the community.
  
- Drayton Valley FCSS** ..... **514-2200**  
 5120 52<sup>nd</sup> St Drayton Valley, AB T7A 1A1  
 Provides preventative social programming and community resources for adults, families, youth, children, and seniors.
  
- Elderly Adult Resource Service** ..... **471-1122**  
 3 Fl 1 Sir Winston Churchill Sq Edmonton, AB T5J 2R7  
 Elderly Adult Resource Services provides support and referral services for older adults at risk of abuse.
  
- Elves Special Needs Society** ..... **454-5310**  
 10825 142<sup>nd</sup> St Edmonton, AB T5N 3Y7  
 Serves Preschoolers from 2 ½ to 5 ½ , School age from 6 to 20 years and adults 20 years and older who have developmental, cognitive, gross/fine motor delays and/or are medically fragile.
  
- Emergency Clothing and Furniture Depot**..... **608-1681**  
 4918 46<sup>th</sup> St Camrose, AB  
 The Emergency Clothing and Furniture Depot is open to the public for Donation and Emergency Referral Services between 9:30 and 3:30, Monday to Thursday. The ECFD is closed to the public Fridays and Stat Holidays. If you wish to make a furniture donation, pickup is available at a charge of \$10.00 per load.
  
- Family Centre** ..... **423-2831**  
 9912 106<sup>th</sup> St NW Ste. 20 Edmonton AB, T5K 1C5  
 Provides family, couple, individual or group counseling. Fees vary. The Family Centre offers sliding scale options for those who qualify.
  
- Family Counseling Clinic** ..... **980-7109**  
 Individual, couple and family counseling provided in partnership with Leduc County FCSS and City of Leduc FCSS Offices. Subsidy available for those who qualify.

- Family Law Info Centre ..... 415-0404**  
 1A Sir Winston Churchill Sq Edmonton, AB T5J OR2  
 Provides information about: the Child Support Guidelines, how to calculate child support; how to apply for or change a Queen's Bench Order in Alberta in various family law matters, such as child support, spousal support and child custody or access; and how to oppose a family law application in the Court of Queen's Bench of Alberta.
  
- Family Support for Children with Disabilities ..... 427-2551**  
 12<sup>th</sup> Fl Sterling Place 9940 106<sup>th</sup> St Edmonton, AB T5K 2N2  
 Provide information, referral and advocacy supports, family support services as well as assistance with counseling and certain extraordinary expenses.
  
- Family Violence Prevention Centre ..... 423-1635**  
 #401 10010 105<sup>th</sup> St Edmonton, AB T5J 1C4  
 Provide information and support to people affected by family violence including advocacy, outreach, referrals, provision of furniture, and non-emergency moving services.
  
- Food Bank (Leduc and District) ..... 986-5333**  
 4810 49<sup>th</sup> Ave Leduc, AB T9E 6L5 - Enter from Alley  
 An emergency food service available to individuals and families in need from Leduc, Leduc County, Beaumont, New Sarepta, Nisku, Calmar, Thorsby, Devon, and Warburg. Open Mondays, Wednesdays, and Fridays. Call to make an appointment.
  
- Getting Ready for Inclusion Today (GRIT) ..... 454-9910**  
 14930 114<sup>th</sup> Ave Edmonton, AB T5M 4G4  
 Exemplary, fully-inclusive, early childhood program for children with developmental disabilities between the ages 2 ½ - 5 ½ years.
  
- GST Credit ..... 800-959-1953**  
 Suite 10 9700 Jasper Ave Edmonton, AB T5J 4C8  
 The GST credit helps individuals and families with low or modest incomes offset all or part of the GST that they pay.
  
- Habitat for Humanity ..... 479-3566**  
 8210 Yellowhead Trail Edmonton, AB T5B 1G5  
 Mission is to mobilize volunteers and community partners in building affordable housing and promoting homeownership as a means of breaking the cycle of poverty.
  
- Henwood Treatment Centre ..... 422-9069**  
 18750 18<sup>th</sup> St NW RR6 LCD 1 Edmonton, AB T5B 4K3  
 Provides a residential treatment facility for men and women who are recovering from addictions.

**Homecare Program ..... 980-4655**

4219 50<sup>th</sup> St Leduc, AB T9E 8C9

Coordinates and provides healthcare and support services to enable people to remain in their own homes. Home Care nurses are available to arrange medical and support services and to coordinate care in the home. Is also the local authorizer for special equipment and supplies available through the Alberta Aids to Daily Living Program.

**Immigrant Services Association..... 474-8445**

11240 79<sup>th</sup> St Edmonton, AB T5B 2K1

Provides programs and services designed to assist new immigrants, refugees, first generation Canadians and immigrant groups regardless of age, gender, religion, nationality or ethnic origin in order to facilitate their full integration in Canadian society.

**Immigration Canada..... 888-242-2100**

Admits immigrants, foreign students, visitors and temporary workers who enhance Canada's social and economic growth; resettles, protects and provides a safe haven for refugees; helps newcomers adapt to Canadian society and become Canadian citizens; and manages access to Canada to protect the security and health of Canadians and the integrity of Canadian laws.

**KidSport Alberta..... 888-914-KIDS**

Box 36107 Lakeview RPO Calgary, AB T3E 7C6

Not all kids have the opportunity to be involved in sports. For those who dream of hitting a homerun, playing goalie, shooting hoops, taking one for the team, and making new friends, it's all possible through KidSport. For a happier, healthier lifestyle for Alberta kids, KidSport makes a difference.

**La Leche League ..... 929-8932**

5007 49<sup>th</sup> St Beaumont, AB T4X 1H6

Monthly meetings where leaders facilitate informal, guided discussions where mothers receive accurate, up-to-date and personalized breastfeeding information and support for their role as a breastfeeding parent. In addition, mothers are able to draw on the experience of other mothers who attend.

**Leduc and Area Student Health Initiative..... 955-6035**

A range of services are available to assist students who are experiencing emotional/behavioral, speech/language difficulties or medical issues.

**Leduc Community Education Centre..... 986-0371**

5108B 47<sup>th</sup> St Leduc, AB T9E 6Y9

Facilitates the development and delivery of adult learning opportunities and experiences.

- Leduc Community Living Association .....986-4193**  
 5007 47<sup>th</sup> St Leduc, AB T9E 7H2  
 Provides support services and programs to individuals with developmental disabilities.
  
- Leduc County FCSS .....955-6411**  
 5<sup>th</sup> Floor 1101 5<sup>th</sup> St Nisku, AB T9E 2X3  
 Provides preventative social programming and community resources for adults, families, youth, children, and seniors. See complete list of programs and services offered on pages 3 and 4.
  
- Leduc Foundation.....986-2814**  
 5118A 50<sup>th</sup> Ave Leduc, AB T9E 6V4  
 Provides affordable facilities, services and housing throughout Leduc County to healthy low income seniors and to families requiring an opportunity to become self sufficient.
  
- Leduc Independent Living Services .....986-4004**  
 Contracts local agencies to provide a variety of services to PDD clients with various needs.
  
- Leduc Mental Health Clinic .....986-2660**  
 4210 48<sup>th</sup> St Leduc, AB T9E 5Z3  
 Services include assessment, diagnosis and treatment to area residents of any age experiencing severe or persistent mental disorders or moderate to severe emotional distress.
  
- Leduc RAINBOWS Program ..... 980-6624/980-6603**  
 The Leduc RAINBOWS Program helps children, adolescents, and single parents to heal a loss by encouraging participants to share their feelings with caring facilitators and others who have suffered similar grief. Through fun activities, games and discussions, Leduc RAINBOWS helps children to understand and accept the changes in their lives.
  
- Leduc Regional Justice Committee .....986-6410**  
 Works with the community to focus on youth crime and community policing. Works in partnership with Community Correctional Services.
  
- Leduc Works Foundation.....986-8584**  
 #7 5904C 50<sup>th</sup> St Leduc, AB T9E 6J4  
 Assists individuals with intellectual and/or physical disabilities to identify and reach their personal and professional goals through their Educational, Employment, Residential, and Outreach Services.

**Leduc/Strathcona Services for Children** ..... **464-5803**  
206 937 Fir St Sherwood Park, AB T8A 4N6  
Match and place children needing care. Provide back-up care if a provider is ill or absent. Screen, approve and supervise care providers. Scheduled or drop-in monthly visits. Subsidy available to qualifying parents.

**Legal Aid** ..... **361-1331**  
5201 50<sup>th</sup> Ave Provincial Bldg Wetaskiwin, AB T9A 0S7  
Provides a continuum of innovative and cost effective legal services for people in need. Appointments available in Leduc.

**Lifelong Learning and Alternative Education** ..... **944-2000**  
9627 108<sup>th</sup> Ave Edmonton, AB T5H 1A4  
Provides a variety of alternative programs for adults and students.

**Maintenance Enforcement** ..... **422-5555**  
7<sup>th</sup> Fl 10365 97<sup>th</sup> St Edmonton, AB T5J 3W7  
Enforces maintenance orders by collecting payments and forwarding them to the appropriate individuals. MEP can only enforce maintenance when the debtor, creditor or Crown has registered with the program.

**Meals on Wheels**  
Delivers meals to those in need. Contact your local FCSS Office to find out who to contact in your area for this service.

**Métis Child and Family Services** ..... **452-6100**  
10437 123<sup>rd</sup> St Edmonton, AB T5N 1N8  
Develops and provides programs that will preserve and strengthen the Métis family and develops community awareness of, and responsibility for, the well being of Métis children and families.

**MS Society of Canada**..... **463-1190/471-3034**  
#150 9405 50<sup>th</sup> St Edmonton, AB T6B 2T4  
Provides wellness focused services and education to persons living with multiple sclerosis, their families, members, the general public and health care professionals.

**Native Counseling Services of Alberta** ..... **423-2141**  
2<sup>nd</sup> Floor 9636 102A Ave Edmonton, AB T5H 0G5  
Provides a legal clinic, dispute resolution, cultural awareness workshops, parenting help, addictions, counseling, community outreach, and a restorative justice program.

**Native Friendship Centre** ..... **479-1999**  
11205 101<sup>st</sup> St Edmonton, AB T5G 2A4  
Supports the lives of Aboriginal people and encourages equal access and participation in Canadian society. Provides cultural classes, youth activities, clothing depot, alternative and fine option programs.

**New Directions** ..... **439-4635**  
10041 81<sup>st</sup> Ave NW Edmonton, AB T6E 1W7  
Provides a program for children, youth, and their parents who have experienced spousal violence to develop an increased knowledge of family violence issues, an understanding of how to create a safe environment, enhanced problem solving skills, parenting skills, and an increased support network.

**New Sarepta Community Coordinator** ..... **941-2382**  
Village of New Sarepta Box 278 New Sarepta, AB T0B 3M0  
Provides support, information, and referral to community members, develops and runs meaningful programming to address social needs of the community.

**Northern Alberta Brain Injury Society** ..... **479-1757**  
229 10106 111<sup>th</sup> Ave Edmonton, AB T5G 0B4  
Offers individual and group support services for families and persons with an acquired brain injury from stroke, head trauma, accidents, falls, anoxia, tumor, and infection; community information exchange, library, and support groups for survivors and caregivers.

**Office of the Public Guardian** ..... **427-0017**  
4th Floor 9942 108<sup>th</sup> St Edmonton, AB T5K 2J5  
Provides appropriate decision-making mechanisms for individuals who are unable to make personal non-financial decisions for themselves. The Office encourages family members and friends to apply for private guardianship where possible and assists private guardians in fulfilling their guardianship obligations. As well, the Office assists adult Albertans in planning future substitute decision-making under the Personal Directives Act.

**Outreach for Pregnant and Parenting Teens** ..... **986-9466**  
5007 49<sup>th</sup> Ave Leduc, AB T9E 6M6  
Offers young moms a chance to finish their high school diplomas while learning parenting skills. Offered through Storefront School.

**Parenting After Separation** ..... **413-9805**  
Parenting After Separation is a free six-hour workshop. The purpose of the workshop is to assist parents in understanding the process and effects of separation and to encourage parents to make positive choices about how they will continue to parent their children after separation.

**Personal Support & Development Network ..... 496-9220**  
#400 10050 112<sup>th</sup> St Edmonton, AB T5K 2J1  
Provides adult training and employment assistance to unemployed adults. Offers GED, job search and placement, and employability skills.

**Persons with Developmental Disabilities ..... 427-2817**  
10258 108<sup>th</sup> St Edmonton, AB T5J 4Z7  
Works with individuals, families, guardians, service providers, advocacy organizations, the community, and other allies to support adults with developmental disabilities in the Edmonton Region to live lives as full citizens in their communities.

**Poundmakers Lodge Treatment Centre ..... 481-3451**  
#1 Poundmaker Rd St. Albert, AB T8N 3T5  
Provides residential treatment for adults with addictions. Offers a 42 day residential treatment for all addictions for males and females over 18 years.

**PROP ..... 423-8920**  
(Protection and Restraining Order Project)  
#205 10010 107A Ave Edmonton, AB T5H 4H8  
PROP acts on behalf of qualified clients to obtain restraining orders or emergency protection orders at minimal or no cost, protecting them from abusive partners. The service is income related and is targeted mainly at women living in poverty, although it is not restricted to women.

**Regional Mental Health ..... 427-4444**  
9942 108<sup>th</sup> St Edmonton, AB T5K 2J5  
Services include assessment, diagnosis and treatment to residents of any age experiencing mental disorders or emotional distress.  
Adult Mental Health Response Team..... 482-0222

**Revenue Canada ..... 800-667-3355**  
Suite 10 9700 Jasper Ave Edmonton AB T5J 4C8  
Administers tax, benefits and related programs and ensures compliance on behalf of governments across Canada, thereby contributing to the ongoing economic and social well-being of Canadians.  
Income Tax Inquiries..... 800-959-8281  
Refunds ..... 800-959-1956

**Robin Hood Association ..... 467-7140**  
141 Broadway Boulevard Sherwood Park, AB T8H 2A4  
Early Intervention Program: available to children birth - 3 ½ yrs who may be experiencing developmental delays or have a diagnosed disability. Provides home-based programming, playgroups, support networks, and consultation with families.

- Salvation Army** ..... **352-2416**  
 5010 51<sup>st</sup> Ave Wetaskiwin, AB T9A 0V1  
 Whether it's food, clothing, emergency accommodation, medication, help with budgeting, or even emotional support and spiritual encouragement, you can find help at The Salvation Army.  
 Emergency ..... 360-2769
- Salvation Army Thrift Store** ..... **986-8861**  
 4911 50<sup>th</sup> Ave Leduc, AB T9E 6W7  
 Second hand clothes and household items available at low cost for families and/or individuals in need.
- Second Glance** ..... **986-1450**  
 4704 53<sup>rd</sup> St Leduc, AB T9E 5E4  
 Provides second hand clothing, household items, and much more for individuals and families.
- Seniors Association of Greater Edmonton** ..... **423-5510**  
 15 Sir Winston Churchill Sq (102A Ave and 100 St)  
 Edmonton, AB T5J 2E3  
 Provide information and housing services, Edmonton Seniors' Safe Housing, relocation services, and guardianship services. Also provide lawyer referrals and information about personal directives and enduring power of attorney, seniors social work services, programs and activities, home services and health services.
- Student Finance Information** ..... **980-6628/427-3722**  
 4901 50<sup>th</sup> Ave Leduc, AB T9E 6W7  
 Provides information regarding student financial assistance.
- Student Legal Services** ..... **492-2226**  
 Emily Murphy House 11011 88<sup>th</sup> Ave Edmonton, AB T6G 0Z3  
 Provides free legal information and assistance to the low income community in Edmonton; provides legal information through distribution of print material and lectures in schools and in the community. Matches law students with public interest organizations to provide pro bono legal support services.
- Terra Association** ..... **428-3772**  
 Terra Centre 9930 106<sup>th</sup> St Edmonton, AB T5K 1C7  
 Responds to the issues and challenges of pregnant and parenting youth. Works with pregnant/parenting youth to help them with parenting skills, accessing community resources and prenatal health. Offers support groups, career planning, Healthy Families program, housing support, in-house family support, labour support.

- Thorsby Community Coordinator** ..... **789-4004**  
 Village of Thorsby Box 297 Thorsby, AB T0C 2P0  
 Provides support, information, and referral to community members, develops and runs meaningful programming to address social needs of the community.
- Urban Native Housing** ..... **476-6595**  
 Cottage E 10107 134<sup>th</sup> Ave Edmonton, AB T5E 1J2  
 Designed to assist anyone requiring affordable and decent subsidized or non-subsidized rental housing.
- Veterans Affairs**..... **866-522-2122**  
 9700 Jasper Ave, Suite 940 Edmonton, AB T5J 4C3  
 Provides for economic, social, mental and physical well-being to Canadians and allied war veterans and their dependents.
- Victim's Services** ..... **980-7232**  
 #1 4119 50<sup>th</sup> St Leduc, AB T9E 7L9  
 Volunteer Advocates are on-call 24/7 with the RCMP to provide immediate assistance, support and information referral to victims of crime or tragedy. All services are free and confidential and can include court preparation, updates and accompaniment for victims or witnesses of crime.
- Warburg Community Coordinator**..... **848-2828**  
 Village of Warburg P.O. Box 29 Warburg, AB T0C 2T0  
 Provides support, information, and referral to community members, develops and runs meaningful programming to address social needs of the community.
- WECAN Food Basket** ..... **986-1890/986-6721**  
 4614 48<sup>th</sup> St Leduc, AB T9E 5X7  
 Provides families and individuals the opportunity to buy food at reduced prices.
- Welcome Wagon**..... **contact your local FCSS for local info**
- Widow's Pension** ..... **800-277-9914**  
 6325 Gateway Boulevard, Edmonton, AB T6H 5H6  
 Monthly benefit for widows/widowers of a legal or common-law marriage who have little or no other income. Must be 60-64 years of age and meet residence rules.
- WIN House**..... **471-6709**  
 (Women In Need)  
 Provides crisis intervention, support, referrals and information about family violence to women who are residents of WIN House or calling on the 24 hour crisis line.

<b>WIN Program</b> .....	<b>987-8228</b>
(Women Infants and Nutrition)	
101 Erie St S Devon, AB T9G 1A6	
Provides education, support and assistance to pregnant women and teens. Clients must be pregnant to enter the program, and may be needing information about healthy eating in pregnancy, labour and delivery, support and education for breastfeeding, or support making healthy lifestyle choices. Clients may be on a tight budget, and we can provide coupons to help with purchasing healthy foods, and prenatal vitamin supplements, as well as information on healthy eating on a budget.	
<b>Women's Emergency Accommodation</b> .....	<b>423-5302</b>
9611 101A Ave Edmonton, AB T5H 0C8	
Secure supervised emergency housing for women. Provides food, shelter, support and referrals. Refers to Elizabeth House (exit shelter). Women with children cannot be accommodated.	
<b>YESS (Youth Emergency Shelter Society)</b> .....	<b>468-7070</b>
9310 Whyte Ave Edmonton, AB T6E 5G8	
Provides long and short-term residential programs for youth under 18 yrs with no viable living alternative; provides outreach, support line, family mediation, life skills training, and referrals.	
<b>YMCA Edmonton</b> .....	<b>421-9922</b>
10030 102A Ave Edmonton, AB T5J 0G5	
Creates life-enhancing opportunities for the growth and development of all people in spirit, mind and body.	
<b>Family Ties</b> .....	<b>429-5739</b>
For families who are receiving financial assistance through Alberta Works and want to get off of the program.	
<b>YWCA Edmonton</b> .....	<b>423-9922</b>
100 10350 124 <sup>th</sup> St Edmonton AB T5N 3V9	
Through leadership, advocacy and support for women and their families, the YWCA Edmonton creates strong, inclusive communities that value women's perspectives.	



## THANK-YOU FOR USING OUR RESOURCE GUIDE

We have tried very hard to have comprehensive, up to date, factual information on all the agencies we have included in our guide.

If we are missing agencies, services, information, or have incorrect information, please contact us at  
(780) 955-6424.

This guide is also available on our website at  
[www.leduc-county.com](http://www.leduc-county.com)



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